

WHEREAS, walking and bicycling to school reduces the number of vehicle trips near schools and potential conflicts between vehicles and pedestrians or bicyclists; and

WHEREAS, reducing the number of vehicles driving students to school results in increased safety, reduced traffic congestion, improved air quality, and less fuel consumption near schools; and

WHEREAS, the benefits related to physical activity at an early age play a leading role in reducing rates of heart disease, diabetes and other obesity related health problems among children; and

WHEREAS, children getting active by walking and bicycling to school together with parents and caregivers opens opportunities to mentor children about pedestrian and bicycle safety and its benefits related to health and the environment; and

WHEREAS, walking and bicycling to school offers an opportunity to build physical activity into both parent's and children's daily routines; and

WHEREAS, children, parents and community leaders around Nevada are joining together to get active and promote walking and bicycling to school.

NOW, THEREFORE, I, GENO R. MARTINI, Mayor of the City of Sparks, Nevada, do hereby proclaim March 13-17, 2017 as:

## "NEVADA MOVES WEEK"

in Nevada and encourage citizens across the City of Sparks to walk, bike, or participate in an athletic event with their children; while celebrating the benefits of increased safety and health, this week and throughout the year.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Sparks, Nevada to be affixed this 14<sup>th</sup> day of February, 2017.

GENO R. MARTINI, Mayor

ATTEST:

TERESA GARDNER, City Clerk